

Welcome to swim works

Happy New Year From Swim Works!

New year, new start

Welcome to 2018 and a splashy welcome to the new term from all of us here at Swim Works and Little Splashers!

There's loads coming up over the next 10 weeks, so whatever stage of their swim journey your little one's at, there's plenty to enjoy in our lessons!

We'll be taking the time to get things right, making sure we give you all the support you need to be a fantastic swim role-model for your child. And if you're not a confident swimmer yourself, we're always there to help.

New! Swim and Share

We want to share and support you more that is why we have created a 'closed' [Facebook](#) parent/carer support swim group; Mums, Dads, Grandparents are all welcome. Where we will be sharing our top swim tips, we will be on hand for you to ask insightful questions and join in conversations. It will be THE swim place to make friends and a one stop shop to take part and support you every step of your swim journey.



Swim Works runs a whole programme for everyone. From bumps to babes, after-schools, adults and aqua fit. There are no family swim centres like it. Do you have a friend who would like to try our classes? Taster sessions are just £5.

Look ahead to 2018

We had such a busy 2017 – with our new Swim Works pool in Leamington, our refurbishment in Rugby and the launch of our Aqua Sensory programme around the globe – it hardly seems possible we're into a new year!

2018 looks set to be as exciting as last year, with some new faces in our swim team and our co-founder Jo Wilson travelling to Australia in August to present Aqua Sensory.

We are trialing something new!

Preschoolers: if you know you're going to miss a few lessons this time around, we've started a new programme of catch-up lessons for just £1 each! They will run on Wednesday at 3.00 at Swim Works, Rugby and on Thursday at 12.00 at Oddfellows, Leamington. They're suitable for any age and you can book in on our website. They're especially for our current swimmers to say thank you! (A few Ts and Cs apply see website booking for details or call/email to ask).



What we have instore this term

WOW! WOW! What a jam-packed Winter term we have instore for you! W.c 22nd January our week 4 to celebrate National Story week we are 'Going on a Bear Hunt.' We have lots of prizes to be won, from mini bears, to books and card games.

And, we want to hear your stories too! To be in with a chance of winning one of our 7 fantastic prizes, email or let us know in 50 words or less – why you love swimming. We will be selecting winners and giving out prizes on Monday 29th January.

In class, we will be swimming through the grass, across the river and through to the cave. It's going to be serious swim fun!



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Progressive Teaching - what is it and why do we do it?

We talk a lot about our lessons being progressive, but what does it actually mean and why are we so passionate about it?

All our lessons are written by Jo and Christian Wilson, the founders of Swim Works, who have a worldwide authority on swim teaching. We make sure that, within the lessons, teachers can focus on each individual child's developmental stage, confidence in the water and any additional needs they may have.

This means we can tailor our lessons, and the different activities each week, to our different classes, and to each child within each group. In our preschool classes, we can make recommendations for subtle ways an adult can help their child progress, simply by changing their position slightly or loosening a hold. In our afterschool classes, we pride ourselves taking the time to engage with the children, instilling correct technique from the outset.

Being progressive also means we can use an activity to develop a stroke or skill within a lesson and over the course of a term – not by simply repeating but by using activities as building blocks so children continually develop.

Week 7 is Distance Week

After schools and Little Swimmers advanced will get the chance to show off their strokes! There will be a chance to celebrate with certificates and cloth badges for children who can swim independently with a swim stroke. Preschoolers can also join in the fun with the Octonauts range of swim skills badges and certificates. More news to follow before we kick off in November 20-26th.



Diary Dates

We are **OPEN** at Swim Works during half term – ask us about our 1-2-1s



Week 6 – After- school assessment week w.c. 5th February

Week 7 – Re-enrolments w.c. 12th February

Family Swim Day!

Why not spend the afternoon as a family swim at Swim Works, Rugby or Leamington on Sunday 11th February. (Limited spaces – book now). We are raising awareness and money for an AED with the British Heart Foundation. Give your heart to us, we will have a few special competitions and prizes to raise money across the year.



Thank you again for being part of Swim Works and Little Splashers we'll see you in the pool!

Happy swimming!



Connect with us

Get all of our latest news

From competitions to useful tips and information, make sure you keep up to date with what's happening at Swim Works and Little Splashers by liking us on [Facebook](#). You can also book your next term online and find important information like term dates on our [website](#).

Or email/call we are always happy to help!

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